



Asian Style Tuna Lettuce Wraps



 Serves
2

 Prep
10 minutes

 Cooking
None

Crisp lettuce leaves filled with tuna and shredded vegetables are SO tasty – and healthy too!

	Calories	Sugars	Fat	Saturated Fat	Salt
100g	77	3.2g	2.4g	0.5g	0.12g
RI%	4%	4%	3%	3%	2%

Method

1. Drain the cans of tuna and set aside.
2. Arrange the lettuce leaves on serving plates. Mix together the pepper, carrot, radishes, avocado, red onion and lime juice. Spoon into the leaves.
3. Share the tuna chunks between the lettuce leaves. Season and serve with sweet chilli sauce.

Ingredients

- 2 x 160g cans Princes Tuna Chunks in Spring Water
- 6-8 crisp lettuce leaves
- 1 small yellow pepper, deseeded and cut into fine strips
- 1 small carrot, peeled and cut into fine strips
- 4 radishes, thinly sliced
- 1 small avocado, peeled, pitted and chopped
- 1tbsp finely chopped red onion
- Juice of 1 lime
- Salt and freshly ground black pepper
- Sweet chilli sauce, for drizzling



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