



# BREAKFAST FRUIT BOOST



## INGREDIENTS

1 x 227g can of **Princes Pineapple Chunks with Juice**

1 x 220g can of **Princes Peach Slices with Juice**

Low sugar breakfast cereal

Semi-skimmed milk, to serve



Serves  
2



Prep  
2 minutes

Suitable for vegetarians

	Calories	Sugars	Fat	Saturated Fat	Salt
per 100g	66kcal	6.3g	1.6g	0.7g	0.1g
RI%	3%	7%	2%	4%	2%

## METHOD

1. Drain the juice from the cans of Princes Pineapple Chunks and Peach Slices.
2. Put the cereal into 2 serving bowls and top with the fruit.
3. Serve with milk, and enjoy some fruity goodness at breakfast time!

Hint: If you want to serve more people, this recipe can be easily scaled up by using our bigger 410g cans.