



Orange Gingerbread Smoothie



Serves
2



Cooking
None

Top Tip: Blend on the highest setting for 5 mins if possible to get a smooth, creamy consistency.

	Calories	Sugars	Fat	Saturated Fat	Salt
Per 100g	180Kcal	14g	8.8g	1.5g	0.21g
RI%	24%	41%	33%	19%	9%

Method

1. Add all the ingredients into a blender and whizz for 1 minute until smooth
2. Pour the orange gingerbread smoothie into 2 separate glasses to serve



Ingredients

- 100ml Princes Orange Juice
- 150ml Unsweetened Almond Milk
- 60g Almond Butter
- 80g pitted medjool dates
- 80g plant based yoghurt
- 1tbsp ground ginger
- 1tsp ground cinammon
- 1tsp ground nutmeg
- 50g ginger biscuits

