



## Peach Slices with Yoghurt



Using Greek yoghurt will increase the protein content of your breakfast!

	Calories	Sugars	Fat	Saturated Fat	Salt
per 100g	101kcal	10.2g	4.1g	1.8g	0.06g
RI%	5.1%	11.3%	5.9%	9.0%	1%

### Method

1. Drain the peaches and roughly chop them, Place half into sealable container and store in the fridge up to 3 days.
2. Place half of the remaining chopped peaches into a bowl. Spoon over 2 tablespoons yogurt then add the rest of the peaches
3. Sprinkle with the granola then drizzle with a little honey and serve!

### Ingredients

- 1 tin x 410g Princes Peaches in Juice
- 2 tbsp Greek yogurt (or natural yogurt)
- 1 tbsp simple oat granola
- 1 tsp honey