


PEAR DESSERT



INGREDIENTS

1 x 410g can of **Princes Pear Halves with Juice**,
drained
Granola
Greek Yoghurt
Honey

 Serves
1

 Prep
5 minutes

For a healthy dessert in minutes, try delicious Princes Pears with a tasty topping- and tick off one of your 5-a-day.

	Calories	Sugars	Fat	Saturated Fat	Salt
per 100g	315kcal	43g	7.9g	2.6g	0.3g
RI%	16%	48%	11%	13%	5%

METHOD

1. Arrange Princes Pear Halves on a plate and top with a couple of spoonfuls of Greek yoghurt.
2. Sprinkle with your favourite granola.
3. Drizzle with honey.