



## TLT Club



Serves  
4



Prep  
20 minutes



### Ingredients

2 x 160g cans Princes Tuna Steak in Sunflower Oil  
12 slices of white bread from a large, medium-cut loaf  
4 tbsp mayonnaise  
Shredded iceberg lettuce  
6 tomatoes, sliced  
Freshly ground black pepper  
50g pickled cucumber or gherkins, thinly sliced

	Calories	Sugars	Fat	Saturated Fat	Salt
per 100g	484kcal	8.8g	23g	4g	2.7g
RI%	24%	10%	33%	20%	45%

### Method

1. Lightly toast 8 slices of bread. Trim off the crusts. Spread each piece with a tsp mayonnaise. Top 4 slices with a little shredded lettuce and half of the tomato slices.
2. Mix the remaining mayonnaise with the tuna and share half this mixture between the tomato-topped toast. Season with black pepper. Cut the crusts off the untoasted slices of bread, then place on top of the tuna.
3. Repeat the layers of lettuce, tomato and tuna, then finish off with pickled cucumber or sliced gherkins.
4. Finally, place the remaining slices of toast on top. Slice each sandwich in half diagonally. Insert cocktail sticks to hold them together, then serve.

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