




Tuna & Sweetcorn Pizza




Ingredients

- 1 x 145g can Princes tuna chunks in springwater, drained
- 1 x 25cm ready rolled pizza base
- 4 tbsp tomato pizza topping
- 3 tablespoons canned sweetcorn, drained
- 1 small red onion, peeled and thinly sliced
- 75g grated mozzarella or Cheddar
- Fresh basil, to garnish
- Green salad, to serve

 Serves
2

 Prep
10 mins

 Cooking
10 mins

	Calories	Sugars	Fat	Saturated Fat	Salt
per 100g	158Kcal	3g	5.6g	2.1g	0.7g
RI%	23%	9%	23%	30%	33%

Method

1. Preheat oven to 200°C (180°C fan oven) Gas mark 6
2. Using a fork carefully break larger chunks of tuna into bite sized pieces
3. Place the pizza base on a baking sheet and spoon over the tomato sauce
4. Top with onion, sweetcorn and tuna chunks
5. Sprinkle over the mozzarella and bake for 8-10 minutes.
6. Garnish with a little fresh basil and serve with salad

