



Wake me up Pineapple Breakfast



Serves
2



Prep
4 minutes



Ingredients

1 x 432g can of Princes Pineapple Chunks with Juice
200g low fat Natural yoghurt
30g whole almonds, roughly chopped

	Calories	Sugars	Fat	Saturated Fat	Salt
per 100g	87kcal	9.3g	3.8g	0.5g	0.1g
RI%	4%	10%	5%	3%	2%

Method

1. Drain the juice from the can of Princes Pineapple Chunks and share them between 2 serving dishes, reserving a few for the top.
2. Spoon the yoghurt onto the fruit.
3. Finish off with the reserved pineapple chunks and sprinkle the almonds on top.

Tip: Use a 432g can of Princes Pineapple Slices with juice as an alternative.