



Ingredients

1 x 140g can Princes Sandwich Tuna, drained
3 tbsp low fat natural yogurt
160g Red Leicester cheese, finely grated
2 spring onions, finely chopped
8 slices crusty farmhouse bread
¼ cucumber, thinly sliced
Freshly ground black pepper
Lettuce and cherry tomatoes, to serve

Tuna Mega-bite Sandwiches



Serves
4



Prep
15 minutes

	Calories	Sugars	Fat	Saturated Fat	Salt
per 100g	432kcal	3.6g	22.7g	9.5g	2.2g
RI%	22%	4%	32%	48%	37%

Method

1. Mix together the Princes Sandwich Tuna with the yogurt, Red Leicester cheese and spring onions.
2. Spread 4 slices of bread with the tuna mixture and top with the cucumber slices. Season with a little black pepper. Sandwich together with the remaining bread, then slice in half.
3. Serve, garnished with lettuce and cherry tomatoes.

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